



### Third Year

#### Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
*EXS 350	Exercise Physiology	p. BIOL 221/221L	3	F	
*EXS 380	Professional Development		1	F	
*EXS 400	Exercise Testing and Prescription		2	F	
*EXS 400 L	Exercise Testing and Prescription Lab		1		
*HLTH 479	Health Promotion Programming & Evaluation		2	F	
*CHRD 475	Motivational Interviewing and Wellness Counseling	online	3		
Elective	Elective		3		
Total Credit Hours			15		

#### Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
*EXS 367	Health and Human Performance	p. EXS 350	2	S	
*EXS 367 L	Health and Human Performance Lab	p. EXS 350	1		
*EXS 454	Biomechanics	p. BIOL 221/221L	2	S	
*EXS 454 L	Biomechanics Lab	p. BIOL 221/221L	1		
*EXS 455	ECG and Clinical Stress Testing		3	S	
*NURS 323	Introduction to Pathophysiology	p. BIOL 325/325L	3		
EHS 319	Life, Love, and Money		2		
Elective	Elective		3		
Total Credit Hours			17		

### Fourth Year

#### Fall

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
*EXS 420	Group Exercise and Facility Management	p. EXS 400/400L	1	F	
*EXS 420 L	Group Exercise and Facility Management Lab	p. EXS 400/400 L	1		
*EXS 450	Clinical Exercise Physiology	p. EXS 450	3	F	
*EXS 480	Certification Examination Preparation		1	F	
*EXS 494	Internship		2	F	
Elective	Elective		9		
Total Credit Hours			17		

#### Spring

Prefix + Number	Course Title	Prerequisites/Comments	Credits	Semester	Grade
*EXS 496	Field Experience		3	S	
*HSC 445	Epidemiology	online	3		
Elective	Elective	(If needed for 120 credits)	3		
Total Credit Hours			9		

### Comments/Notes

Students from all academic majors can pursue graduation with Fishback Honors College distinction. [View the Honors program requirements](#)

Students who declare Exercise Science as a chosen major must meet minimum grade requirements in key courses to progress through the program. Progression to the 300 and 400 level exercise science courses (with the exception of EXS 354) requires successful completion with a grade of C or better in the following courses: BIOL 221 - Human Anatomy (COM), BIOL 221L - Human Anatomy Lab (COM), BIOL 325 - Physiology (COM) and BIOL 325L - Physiology Lab (COM) and GPA of 2.75 or higher. To stay on track to complete the program in 4 years students should complete BIOL 221 - Human Anatomy (COM), BIOL 221L - Human Anatomy Lab (COM), BIOL 325 - Physiology (COM) and BIOL 325L - Physiology Lab (COM) prior to the start of the fall semester of the junior year.

Exercise Science Students must maintain a cumulative GPA of 2.75 and must get a "C" or better in all major coursework designated by \*.